

# *Slide & Ride*

## **Ski and/or Snowboard for FREE?**

- Have you ever wanted to learn how to alpine ski or snowboard, and you have a disability?
- Are you a skier that wants to try snowboarding, or a Rider who wants to learn to ski?
- Are you interested in becoming a volunteer instructor and working with a great winter program?

This is your chance to take part in the one day CADS Alberta Slide & Ride events held at different ski and snowboard locations across Alberta. Whether you want to join us to get more information and see what its all about, or try your skills on the hill, we have something for everyone including family, friends, caregivers and health care professionals!

**Canadian Adaptive Snowsports (CADS) Alberta** is partnering with CADS Zones and Alberta snowsport resorts to offer the one day Slide & Ride try-it events across Alberta.

These events are **FREE** for all participants and volunteers!

Participants and volunteers will receive prizes for being part of our events, with a focus on families, friends and everyone to come out and participate!



## **Why Slide & Ride!**

Our goal is to encourage people with disabilities to try adaptive skiing or snowboarding as participants, and to create opportunities for involvement as participants or volunteers.

Anyone interested in being part of a fantastic winter activity!

## **2017-18 Event Schedule**

November 25, 2017 - Rabbit Hill  
Edmonton

January 6, 2018 - Hidden Valley  
Medicine Hat

January 21, 2018 - Winsport  
Calgary

January 28, 2018 - Kinosoo Ridge  
Cold Lake

February 3, 2018 - Nitehawk  
Grande Prairie

February 10, 2018 - Pass PowderKeg  
Crowsnest Pass

March 11, 2018 - Canyon Ski Resort  
Red Deer

**Register Online as a Participant  
or Volunteer at**

**[www.cadsalberta.ca](http://www.cadsalberta.ca)**